

Career Pathway: Exercise Science & Sports Medicine



Mad River Middle School

8th Grade

Supporting Courses: Health Care

Stebbins High School

9th grade

Required Courses: Algebra 1, English 101, Physical Science, World Studies, Health, PE, Art I

Supporting Courses: Computer Applications I, Foreign Language, Child Development

10th grade

Required Courses: Geometry, English 201, Biology, American History, Art II

Supporting Courses: Exercise Science & Sports Medicine Specialization, Computer Applications II, Foreign Language, STEM,

11th grade

Required Courses: Algebra II, Chemistry, English 301

Supporting Courses: Speech & Communication, Forensics, Zoology

Concentrator Courses: Medical Terminology, Athletic Injuries & Prevention

12th grade

Required Courses: English 401, Applied Mathematics or Statistics

Supporting Courses: Business Law, Physics, Sociology

Completer Courses: Athletic Injuries & Prevention, Exercise & Athletic Training, Exercise Science Capstone

College Credit

+ Introduction to Psychology, + Interpersonal Communications, *Medical Terminology, +Intro to Exercise Science, *Fitness & Health Foundations

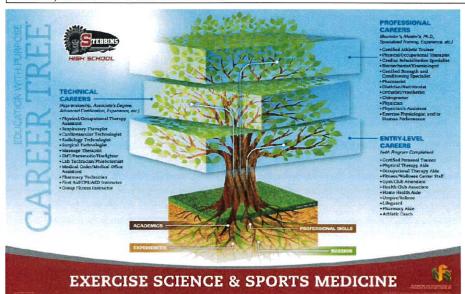
(Concurrent enrollment courses * Juniors, + Seniors)

Industry-Recognized Credentials

First Aide & CPR, Physical Therapy Aide, Personal Training

Work-Based Learning

Virtual, Simulated Work Environment



This pathway layout is meant to serve as a guide; for your specific graduation plans please schedule a meeting with your counselor.

Exercise Science & Sports Medicine Curriculum Plan WebXam (Technical Skill Attainment)

Area of Concentration: J6

Below is the list of WebXams required for state reporting:

| Test | Grade | Test Name | Is there a CTAG |
|--------|-------|----------------------------------|-------------------------|
| | | | awarded to this course. |
| 072150 | 11 | Medical Terminology | Yes |
| 072020 | 11 | Fitness & Evaluation Assessment | Yes |
| 072000 | 12 | Exercise & Athletic Training | Yes |
| 072025 | 12 | Athletic Injuries and Prevention | No |

Industry Credentials/Certifications

| Industry Credentials offered | Completed during Grade | |
|------------------------------|------------------------|--|
| First Aide & CPR | 12 | |
| Physical Therapy Aide | 12 | |
| Personal Training | 12 | |

College Courses are available through: Sinclair

| College Credit potentially earned within Career Tech | Credit Hours | Completed during Grade |
|--|--------------|------------------------|
| PSY 1100 General to Psychology | 3 | 12 |
| COM 2206 Interpersonal Communications | 3 | 12 |

Sinclair Short Term Certificates

| Short Term Certificate | College hours completed in Career Tech | College Hours required |
|-------------------------------|--|-------------------------------|
| Exercise Specialist | 7 | 29 |

Daily Schedule

| Junior Year | 2 periods (Medical terminology, Fitness & Evaluation Assessment) | |
|-------------|--|--|
| Senior Year | 4 periods (Exercise & Athletic training, Athletic Injuries & Prevention, Capstone A & B) | |